

# Trust Building and Resilience Development

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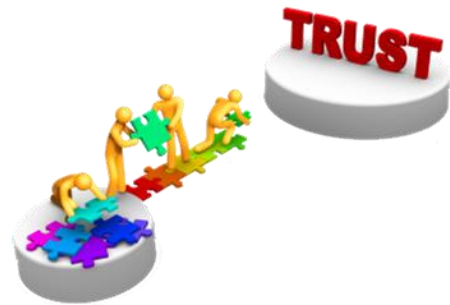
Welcome to the Trust Building and Resilience Development workshop. Ensuring relationships that are built on trust, and having the tools to be resilient are crucial in creating a workplace that is safe and a solid place for all to work.

This workshop will introduce you to your company's responsibility with regard to promoting honesty, as well as how to deal with the inevitable changes that come along with building a stronger business.

## Workshop Objectives:

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- Gain the trust of employees by empowering them.
- Promote transparent communication.
- Keep the promises you make.
- Identify different personality types and how to work with them.
- Respect all those you work with.
- Keep stress at bay.
- Overcome adversities.
- Accept and manage change.
- Stay motivated.



For more information or to reserve your spot in this workshop, please contact:

Zelna Naude

Avrio Kursusse

082 786 5690 – [zelna@boekhoukursusse.co.za](mailto:zelna@boekhoukursusse.co.za)