

Office Health and Safety

Office Health and Safety. Although this course does not specifically deal with the current coronavirus (COVID-19) crisis, which is a dynamic and rapidly changing situation, the general information in this course may prove useful for many.

The productivity of a company begins with the health of its employees. While it is not always possible to eliminate sickness, with the proper tools, reducing the illness and its effects can be within your reach. With this course, you will obtain what it takes to keep yourself and co-workers healthy.

In this course, participants will learn the core skills that will help them identify common illnesses, understand how they spread, recognize symptoms, apply treatment and prevention techniques and establish an emergency response plan.



For more information or to reserve your spot in this workshop, please contact:

Zelna Naude – 082 786 5690

zelna@boekhoukursusse.co.za